



USATF ALABAMA LDR CHAMPIONSHIPS 2019

USATF ALABAMA will partner with Foundation Marshall Medical Centers to host the Alabama LDR Championships at The Pink Pumpkin Run on October 26th in Guntersville, Alabama. The event will be sanctioned by USATF.

The championships will be contested in the 10K and 5 K on certified courses and Mile Fun Run .

Races will start at 9:00 AM at Civitan Park in Guntersville, Alabama at 1130 Sunset Drive, Guntersville, Alabama.



USATF Alabama members will receive a LDR medal from USATF Alabama for you place in the two events in addition to the medal provided by race sponsors.

The Foundation for Marshall Medical Centers is excited to present the 10th Anniversary Edition of the Pink Pumpkin Run to benefit mammography and cancer services at Marshall Medical Centers.

Get ready to "Run Through the Decades" at the 10th Anniversary Pink Pumpkin Run! Participants are encouraged to dress up in their favorite era's best. Will you represent the Roaring 20's in fringe and feathers or dawn your soda shop best and request some 50's sock hop tunes from the jukebox? Or maybe you really missed your calling as a flower child of the 60's or just need to dust off your flannel shirt from the 90's. Whichever era you choose, you'll be in good company as we throw back and celebrate a decade of breast cancer awareness!

As always, the event will feature a 5K, 10K, 1 Mile Fun Run, early registration and packet pick up, music, children's activities and the popular Pink Pancake Brunch. The race will take place on Saturday, October 26th, 2019 starting and ending at the Guntersville Civitan Park. You don't have to run, just participate for a good cause!

:Lnk for Registration

<https://raceroster.com/events/2019/23279/10th-annual-pink-pumpkin-run>

USATF Alabama Website-al.usatf.org