



**2019 USATF ALABAMA
ASSOCIATION JUNIOR OLYMPICS
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY NOVEMBER 16th, 2019
Fairview Park-Cullman Alabama**



AGE DIVISIONS

SCHEDULE

Age Division	Distance	Time
Masters & Open	5 km (3.1 miles)	9:00 A.M.
8&under (2010 and later)	2 km (1.86 miles)	Boys – 9:30A.M. Girls – 10:00 A.M.
9-10 (born 2008-2009) 11-12 (born 2006-2007)	3 km (1.86 miles)	Boys –10:30 A.M. Compete together Scored Separately Girls – 11:00A.M.
13-14 (born 2004-2005)	4 km (2.48 miles)	Boys –11:30 A.M. Girls – 12:00 A.M.
15-16 (born 2002-2003)	5 km (3.1 miles)	Boys – 12:30 PM Girls – 1:00 P.M. Compete Together Scored Separately
17-18 (born 2001-2002)	5 km (3.1 miles)	Boys – 12:30 PM Noon Girls – 1:00 P.M. Compete Together Scored Separately

MEET DIRECTOR David Wright

ENTRIES:

*UNLIMITED ENTRIES FOR TEAMS AND INDIVIDUAL IN ASSOCIATION MEET. TOP 15 ATHLETES IN EACH AGE GROUP AND TOP 2 TEAMS WILL QUALIFY TO THE NATIONAL MEET IN **Madison, Wisconsin on Saturday December 14th**.*

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted to membership chair if not previously verified. Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. Only athletes listed on the team roster will be eligible to represent the club at the USATF Association Regional and National Championships. Your age for the meet is your age on December 31st 2019.

TEAM SCORING: 8 athletes on the team entry may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Bib numbers will be picked up Saturday November 16th, 2019(day of meet) at the meet site.9

EVENT RESULTS: Results will be posted at USATF Alabama Website (al.usatf.org), alabamarunners.com and usatf.org

AWARDS: USATF Junior Olympic medals to top 15 individuals in each age division.

ADVANCEMENTS: Top 15 individuals and top 2 teams from each age group will advance to the USATF National Championships.

Entries for the National JO Meet will be done online at (athletic.net). You will be given instructions for registration at the meet if you qualify for the National JO Cross Country Meet. **National Meet will be in Madison, Wisconsin on December 14th, 2019**

ENTRY FEES & DEADLINES:

YOUTH On-Line Registration:athletic.net Must be completed by Thursday November 15, 2018 (12:00 NOON CST. Youth Individual Entries: \$10.00 per athlete. All youth entries must be done on athletic.net Open and master's start @ 9:00 AM – Registration Fee \$15.00; Deadline for registration is 8:00 am on day of meet. You may send entries to Mary Birdwell 2430 Rockcreek Road, Hoover, AL 35226. Make checks payable USATF Alabama or email entries to trakbird2@bellsouth.net and pay at the meet.(Open and master's Only)

USATF Membership: Verification must be completed before you can enter the meet (see above). New memberships purchased after November 1st will be good until December 31st 2020 . Membership Contact: Mary Birdwell, 2430 Rockcreek Road, Hoover, AL 35226 or (trakbird2@bellsouth.net) phone 205.919-2825

New rules for team competition adopted in 2015 will be used in 2018 Cross Country Championships this year.

There will 5 Divisions competing for team championships as follows:

8 and Under Boys and Girls

9-10 Boys and Girls

11-12 Boys and Girls

13-14 Boys and Girls

15-18 Boys and Girls

Even though boys and girls in 15-18 will compete together for the team championship, the athlete will compete for individual awards in their age groups. There will be 6 divisions for Individual awards.

8 and Under Boys and Girls

9-10 Boys and Girls

11-12 Boys and Girls

13-14 Boys and Girls

15-26 Boys and Girls

17-18 Boys and Girls

