



2018 USATF REGION 6  
**JUNIOR OLYMPICS**  
Track & Field Championships  
Middle Tennessee State University  
Murfreesboro, Tennessee  
JULY 5-8, 2018



**EVENT:** 2018 USATF Region VI  
Junior Olympic Track & Field Championships

**WHEN:** July 5-8, 2018

**WHERE:** *Middle Tennessee State University Murfreesboro, Tennessee*  
Facility Rose Park- Hammer Throw Friday July 6 3:00 P.M.

**MEET ENTRY:** Each team will follow team entry information in this  
Regional Meet Packet after their Association meet.

**ADMISSION:** \$6.00 per day, or \$10.00 for 2 day pass  
\$ 3.00 Multi Events

**TIME:** Thursday, July 5, 2018 (Multi-events) - 11:00 a.m. until completion  
Friday, July 6, 2018 (Multi-events) - 8:00 a.m. until completion/Hammer Throw  
Sat & Sun July 7-8, 2018 Track Meet 8:00 a.m. until completion of schedule

**Meet Director:** Radir Anoor Region Coordinator- Mary Birdwell

**ELIGIBILITY:** Each athlete must have a 2015 USATF Card and be ready to provide proof of birth. All  
relay teams must be a member of a USATF Club in the Association in which it  
qualified.

**ENTRY FEE:** \$9.00 per individual event  
\$32.00 per Relay  
\$12.00 Triathlon  
\$14.00 Pentathlon  
\$16.00 Heptathlon/Decathlon

**Entries will be done on line at athletic.net beginning June 19<sup>th</sup> at 8:00 a.m.  
and will close July 1, 2018 Midnight CST with entry fee in order to be  
processed. Waivers will be signed electronically. Please download a copy  
of your entries for proof if there are mistakes on entries.**

**Packet Pick-Up:** Thursday, July 5, 2018 and Friday, July 6, 2018 at the Track/Multi-Events until  
10:00 a.m. to 7:00 p.m.

**COACHES MEETING PRIOR TO THE FIRST EVENT IF NEEDED**



# AGE DIVISIONS USATF OLYMPIC 2018

**DIVISIONS:** There are six male and female divisions. Each athlete must participate in his/her own division in the meet. The year of birth will determine age division in which the athlete will compete. The age you are on December 31<sup>st</sup> in your birth year will determine the age group in which you compete.

Division	Year of Birth
• 8 and Under	2010 and Under
• 9-10	2009- 2008
• 11-12	2007 - 2006
• 13-14	2005 - 2004
• 15-16	2003 - 2002
• 17-18*	2001-2000 - 1999*

**\*Athletes who turn 19 after July 23, 2018 will be eligible to compete in 17-18 division\***

**2018 USATF REGION VI  
JUNIOR OLYMPICS  
Track & Field Championships  
JULY 5-8  
Middle Tennessee State  
Murfreesboro, Tennessee**

**SPECIAL RULES OF COMPETITION FOR REGION VI USA TRACK AND FIELD  
JUNIOR OLYMPIC CHAMPIONSHIPS MEET**

1. Competitors must compete in the proper division. An athlete determined to have competed in the wrong division shall be disqualified.
2. 8 and Under, 9-10, and 11-12 may compete in three (3) events including Relays. All other divisions may compete in four (4) events including Relays. **Athletes must be a member of a club to participate on a relay team.**
3. Proof of date of birth shall be required. The form of proof shall be a copy of Birth Certificate, Certified Baptism Record, Driver's License, United States government identification or passport. Your birth date should have been verified by association membership chair prior to the Association meet.
4. To reduce sheets of paperwork, it is recommended you e-mail proof of birth to your membership chair.
5. **Time schedules may change after entries are received. These changes will be sent to you via email and also provide at Packet Pick-UP. Please include email address, fax number, or cell phone in your entries so we can contact you if necessary.**
6. Only 1/4 inch pyramid spikes are allowed on the track.

## CLUB ENTRY INFORMATION Region Meet

1. Each club **MUST** declare the athlete to participate who has qualified for the USTAF Region VI Junior Olympic Track & Field Championships on Coach O. **Top 10 (NO MOVE UPS)** in each event from each association meet will qualify to the regional championships. **Your Membership Chair should certify the birth at the Association Level prior to your Association meet.** All athletes entered in the meet for your club will be eligible to participate on a relay team in their age group. Waivers to the meet will be added for registration.
2. **Athletes finishing in the top 5 will advance to the National JO Meet. Greensboro, North, carolina**

## Declaration to the National JO Meet

**After your association meet, the results will be sent to the regional coordinator. These results will be uploaded to athletic.net and you will be notified when you can declare for the JO Region 6 Meet. Do not declare until it is opened. You will be notified by e-mail when you can make declarations. Top 5 from each event will advance to the JO National. You will declare and pay on line for all of the athletes who qualify and plan to attend the National JO Meet. Link for National meet will be provided at the region meet. .**

# **USATF Region 6 Jr. Olympic Track & Field Championships**

## **Competition Information**

### **Warm-up Area**

A warm-up area will be available for athletes to use outside the track in field beside the track. ***Warm-ups will not be permitted on the Track or Infield.***

### **Implements**

Implement Weigh In will be open each day for Implement Certification. Implements will be marked for verification daily. Meet Management will have implements available for use.

### **Spikes**

The maximum spike length allowed for running events is  $\frac{1}{4}$  pyramid (7.0 mm.). Javelin Shoes and Spikes permitted. Christmas tree spikes will not be permitted.

### **Starting Heights**

The Starting heights for the high jump and the pole vault will be per Rule 302.5(0). Incremental increases will be 5cm in the high jump and 15cm in the pole vault.

### **Event Check-IN**

There will be separate check-in areas for running and field events. Athletes must check in at the designated prior to the events' scheduled starting time. All athletes will be required to remain in the designated warm-up areas after check-in unless they have more than one event at that time. Arrangements should be made to get the athlete to both events within the proper time frame.

### **Protests**

Protests relating to matters that developed during the conduct of the competition must be made to the referee at once and not later than 30 minutes after a result has been announced. This time period will be strictly enforced. There will be a cash submission fee of \$50.00 required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the 2014 USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted.

### **Medical Services**

Medical services will be on-site at all times for participants. The medical facility will be limited to medical treatment of injuries and medical emergencies ONLY.

**USATF Region 6 Junior Olympic Track & Field Championships  
Days 1 and 2  
Combined Field Event Meet Schedule**

**Combined Events (Day 1) Thursday July 5<sup>th</sup> 2018**

11:00 a.m.	Decathlon 100 Meter Dash Long Jump Shot Put High Jump 400 Meter Dash	(15-16 B, 17-18 B)
11:30 a.m.	Heptathlon 100 Meter Hurdles High Jump Shot Put 200 Meter Dash	(15-16 G, 17-18 G)

**Combined Events (DAY 2) Friday July 6<sup>th</sup> 2018**

8:00 a.m.	Decathlon 110 Meter Hurdles Discus Throw Pole Vault Javelin Throw 1500 Meter Run	(15-16 B, 17-18B)
9:30 a.m.	Pentathlon 80 Meter Hurdles/100 Meter Hurdles High Jump Shot Put Long Jump 800 Meter / 1500 Meter	(11-12 G-B, 13-14 G-B)
10:30 a.m.	Heptathlon Long Jump Javelin Throw 800 Meter Run	(15-16 G, 17-18 G)
12:30 p.m.	Triathlon Shot Put High Jump 400 Meter Dash, 200 Meter Dash	(9-10 G-B)

**3:00 P.M. HAMMER THROW 15-16 G-B, 17-18 G-B Rose Park**

8 and Under Girls / Boys	9-10 Girls / Boys
11-12 Girls / Boys	13-14 Girls / Boys
15-16 Girls / Boys	17-18 Women / Men

**USATF Region 6 Junior Olympic Track & Field Championships  
Day 3 Running Event Schedule**

**Saturday July 7th, 2018**

Running Event Trials/Finals

8:00 a.m.	3000 Meter Run (Finals)	11-12, 13-14, 15-16, 17-18 G-B
	400 Meter Hurdles	15-16, 17-18 M (36")
	400 Meter Hurdles	15-16, 17-18 W (30")
	200 Meter Hurdles	13-14 G-B (30")
	3000 Meter Race Walk (Finals)	13-14, 15-16, 17-18 G-B
	400 Meter Dash	ALL AGE DIVISIONS
	4x800 Meter Relay (Finals)	11-12, 13-14, 15-16, 17-18 G-B
	100 Meter Dash	ALL DIVISIONS
	80 Meter Hurdles	11-12 G-B (30")
	100 Meter Hurdles	13-14 G (30")
	100 Meter Hurdles	13-14 B, 15-16 G, 17-18 W (33")
	110 Meter Hurdles	15-16 B, 17-18 M (39")
	200 Meter Dash	ALL DIVISIONS

**8 and Under Girls / Boys**

**11-12 Girls / Boys**

**15-16 Girls / Boys**

**9-10 Girls / Boys**

**13-14 Girls / Boys**

**17-18 Women / Men**

**USATF Region 6 Junior Olympic Track & Field Championships  
Day 4 Running Event Schedule**

**Sunday, July 8th, 2018**

Running Event Finals

8:00 a.m.	1500 Meter Run (Finals)	ALL DIVISIONS
	400 Meter Hurdles	15-16 B, 17-18 M (36")
	400 Meter Hurdles	15-16 G, 17-18 W (30")
	200 Meter Hurdles	13-14 G-B (30")
	4x100 Meter Relay	ALL DIVISIONS <b>Run as a Final NO PRELIMS</b>
	400 Meter Dash	ALL DIVISIONS
	80 Meter Hurdles	11-12 G, 11-12 B (30")
	100 Meter Hurdles	13-14 G (30")
	100 Meter Hurdles	13-14 B, 15-16 G, 17-18 W (33")
	110 Meter Hurdles	15-16 B, 17-18 M (39")
	100 Meter Dash	ALL DIVISIONS
	800 Meter Run	ALL DIVISIONS
	1500 Meter Race Walk	9-10 G, 9-10 B, 11-12 G, 11-12 B
	200 Meter Dash	ALL DIVISIONS
	2000 Steeplechase	15-16 G, 15-16 B, 17-18 W 17-18 M
	4x400 Meter Relay	ALL DIVISIONS

**8 and Under Girls / Boys**

**11-12 Girls / Boys**

**15-16 Girls / Boys**

**9-10 Girls / Boys**

**13-14 Girls / Boys**

**17-18 Women/Men**

**USATF Region 6 Junior Olympic Track & Field Championships  
Field Event Meet Schedule**

**Field Event Finals Day 1 – Saturday, July 11<sup>th</sup>, 2015**

<b>8:00 a.m.</b>		<b>9:30 a.m.</b>		<b>11:00 a.m.</b>	
Long Jump	8 and Under B	Jump	9-10 G	Long Jump	11-12 B
Shot Put	9-10 B	Shot Put	11-12 G	Shot Put	8 and Under G
Discus	13-14 G	High Jump	15-16 G	Discus	15-16 G
Long Jump	11-12 G	Discus	15-16 B	High Jump	13-14 B
High Jump	15-16 B	Long Jump	17-18 M	Long Jump	17-18 W
Javelin	8 and Under G	Javelin	9-10 B	Javelin	11-12 G

<b>12:30 p.m.</b>		<b>2:00 p.m.</b>		<b>3:30 p.m.</b>	
Long Jump	13-14 B	Long Jump	15-16 B	Shot Put	8 and Under B
Shot Put	9-10 G	High Jump	17-18 W	Discus	17-18 W
Discus	17-18 M	Discus	13-14 B	Long Jump	15-16 G
Long Jump	13-14 G	Shot Put	17-18 M	High Jump	13-14 G
High Jump	17-18 M	Javelin	9-10 G	Javelin	11-12 B
Javelin	8 and Under B	Long Jump	8 and Under	Long jump	9-10 B

**8:30 a.m.**  
**Pole Vault**                   **13-14 G Followed by 13-14B**

**11:30 a.m.**  
**Pole Vault**                   **15-16 G/ 17-18W**

**2:00 p.m.**  
**Pole Vault**                   **15-16B /17-18M**

**Field Event Finals Day 2 – Sunday, July 12<sup>th</sup>, 2015**

<b>8:00 a.m.</b>		<b>9:30 a.m.</b>		<b>11:00 a.m.</b>	
High Jump	9-10 G	High Jump	9-10 B	High Jump	11-12 B
Javelin	13-14 B	Javelin	17-18 M	Javelin	13-14 G
Shot Put	15-16 G	Shot Put	17-18 W	Shot Put	15-16 B
Discus	11-12 G	Triple Jump	13-14 G	Triple Jump	15-16 G
Triple Jump	15-16 B	Discus	11-12 B		

<b>12:30 p.m.</b>		<b>2:00 p.m.</b>		<b>3:30 p.m.</b>	
High Jump	11-12 G	Javelin	15-16 G	Javelin	15-16 B
Triple Jump	13-14 B	Triple Jump	17-18 W	Triple Jump	17-18 M
Javelin	17-18 W	Shot Put	13-14 G	Shot Put	13-14 B
Shot Put	11-12 B				

**8 and Under Girls / Boys**

**11-12 Girls / Boys**

**15-16 Girls / Boys**

**9-10 Girls / Boys**

**13-14 Girls / Boys**

**17-18 Women / Men**